

# Planner Semanal

Segunda



Terça



Quinta



Sexta



Sábado



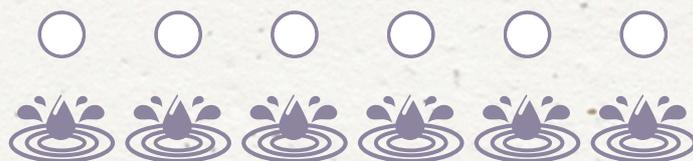
Domingo



## Metas mensais



## Hidratação



## Notas

.....

.....

.....

.....

.....

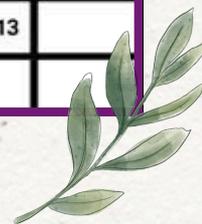
.....

.....



# Leia a Bíblia em 1 ano

	Jan	Fev	Mar	Abr	Mai	Jun	Jul	Ago	Set	Out	Nov	Dez
1	Gn 1-3	Lv 1-4	Dt 15-18	2Sm 1-3	1Cr 12-15	Jó 26-28	Sl 119	Is 41-43	Ez 31-33	Mt 12-13	Jo 7-8	Gl 1-3
2	Gn 4-6	Lv 5-7	Dt 19-22	2Sm 4-7	1Cr 16-18	Jó 29-31	Sl 120-130	Is 44-47	Ez 34-36	Mt 14-15	Jo 9-10	Gl 4-6
3	Gn 7-9	Lv 8-10	Dt 23-26	2Sm 8-11	1Cr 19-22	Jó 32-34	Sl 131-136	Is 48-51	Ez 37-39	Mt 16-18	Jo 11-12	Ef 1-4
4	Gn 10-12	Lv 11-13	Dt 27-28	2Sm 12-14	1Cr 23-25	Jó 35-37	Sl 137-143	Is 52-57	Ez 40-42	Mt 19-21	Jo 13-15	Ef 5-6
5	Gn 13-16	Lv 13-15	Dt 29-31	2Sm 15-17	1Cr 26-29	Jó 38-40	Sl 144-148	Is 58-62	Ez 43-45	Mt 22-23	Jo 16-18	Fp 1-4
6	Gn 17-19	Lv 16-18	Dt 32-34	2Sm 18-19	2Cr 1-4	Jó 41-42	Sl 149-150	Is 63-66	Ez 46-48	Mt 24-25	Jo 19-21	Cl 1-4
7	Gn 20-22	Lv 19-21	Js 1-4	2Sm 20-22	2Cr 5-7	Sl 1-7	Pv 1-3	Jr 1-3	Dn 1-3	Mt 26	At 1-2	1Ts 1-5
8	Gn 23-24	Lv 22-23	Js 5-8	2Sm 23-24	2Cr 8-11	Sl 8-14	Pv 4-6	Jr 4-6	Dn 4-6	Mt 27-28	At 3-5	2Ts 1-3
9	Gn 25-27	Lv 24-25	Js 9-11	1Rs 1-2	2Cr 12-15	Sl 15-18	Pv 7-9	Jr 7-9	Dn 7-9	Mc 1-2	At 6-7	1Tm 1-6
10	Gn 28-30	Lv 26-27	Js 12-14	1Rs 3-5	2Cr 16-19	Sl 19-23	Pv 10-12	Jr 10-13	Dn 10-12	Mc 3-4	At 8-9	2Tm 1-4
11	Gn 31-32	Nm 1-2	Js 15-16	1Rs 6-7	2Cr 20-23	Sl 24-29	Pv 13-15	Jr 14-17	Os 1-5	Mc 5-6	At 10-11	Tt 1-3
12	Gn 33-35	Nm 3-4	Js 17-19	1Rs 8-9	2Cr 24-26	Sl 30-34	Pv 16-18	Jr 18-22	Os 6-10	Mc 7-8	At 12-13	Fm 1
13	Gn 36-37	Nm 5-7	Js 20-22	1Rs 10-11	2Cr 27-29	Sl 35-37	Pv 19-21	Jr 23-25	Os 11-14	Mc 9-10	At 14-16	Hb 1-5
14	Gn 38-40	Nm 8-10	Js 23-24	1Rs 12-14	2Cr 30-32	Sl 38-42	Pv 22-24	Jr 26-29	Jl 1-3	Mc 11-12	At 17-19	Hb 6-9
15	Gn 41-42	Nm 11-13	Jz 1-3	1Rs 15-17	2Cr 33-36	Sl 43-48	Pv 25-27	Jr 30-32	Am 1-5	Mc 13-14	At 20-21	Hb 10-11
16	Gn 43-45	Nm 14-15	Jz 4-6	1Rs 18-20	Ne 1-4	Sl 49-53	Pv 28-31	Jr 33-36	Am 6-9	Mc 15-16	At 22-24	Hb 12-13
17	Gn 46-48	Nm 16-18	Jz 7-9	1Rs 21-22	Ne 5-7	Sl 54-59	Ec 1-4	Jr 37-40	Ob 1	Lc 1	At 25-28	Tg 1-5
18	Gn 49-50	Nm 19-21	Jz 10-12	2Rs 1-4	Ne 8-10	Sl 60-66	Ec 5-8	Jr 41-44	Jn 1-4	Lc 2-3	Rm 1-3	1Pe 1-3
19	Êx 1-4	Nm 22-24	Jz 13-16	2Rs 5-7	Ne 11-13	Sl 67-69	Ec 9-12	Jr 45-48	Mq 1-7	Lc 4-5	Rm 4-7	1Pe 4-5
20	Êx 5-7	Nm 25-26	Jz 17-19	2Rs 8-10	Ed 1-2	Sl 70-73	Ct 1-5	Jr 49-50	Na 1-3	Lc 6-7	Rm 8-9	2Pe 1-3
21	Êx 8-10	Nm 27-29	Jz 20-21	2Rs 11-14	Ed 3-6	Sl 74-78	Ct 6-8	Jr 51-52	Hc 1-3	Lc 8-9	Rm 10-12	1Jo 1-5
22	Êx 11-13	Nm 30-32	Rt 1-4	2Rs 15-17	Ed 7-10	Sl 79-83	Is 1-3	Lm 1-3	Sf 1-3	Lc 10-11	Rm 13-16	2Jo 1
23	Êx 14-16	Nm 33-34	1Sm 1-3	2Rs 18-19	Et 1-4	Sl 84-89	Is 4-7	Lm 4-5	Ag 1-2	Lc 12-13	1Co 1-4	3Jo 1
24	Êx 17-20	Nm 35-36	1Sm 4-7	2Rs 20-23	Et 5-10	Sl 90-94	Is 8-10	Ez 1-4	Zc 1-6	Lc 14-16	1Co 5-7	Jd 1
25	Êx 21-23	Dt 1-2	1Sm 8-10	2Rs 24-25	Jó 1-2	Sl 95-102	Is 11-14	Ez 5-8	Zc 7-11	Lc 17-18	1Co 8-10	Ap 1-4
26	Êx 24-26	Dt 3-4	1Sm 11-14	1Cr 1-2	Jó 3-5	Sl 95-102	Is 15-20	Ez 9-12	Zc 12-14	Lc 19-20	1Co 11-13	Ap 5-9
27	Êx 27-29	Dt 5-7	1Sm 15-17	1Cr 3-5	Jó 6-8	Sl 103-105	Is 21-24	Ez 13-16	Mt 1-4	Lc 21-22	1Co 14-16	Ap 10-14
28	Êx 30-32	Dt 8-11	1Sm 18-20	1Cr 6	Jó 9-11	Sl 106-107	Is 25-28	Ez 17-20	Mt 5-6	Lc 23-24	2Co 1-4	Ap 15-19
29	Êx 33-35	Dt 12-14	1Sm 21-24	1Cr 7-8	Jó 12-15	Sl 108-113	Is 29-32	Ez 21-23	Mt 7-9	Jo 1-2	2Co 5-8	Ap 20-22
30	Êx 36-38		1Sm 25-27	1Cr 9-11	Jó 16-20	Sl 114-118	Is 33-36	Ez 24-27	Mt 10-11	Jo 3-4	2Co 9-13	
31	Êx 39-40		1Sm 28-31		Jó 21-25		Is 37-40	Ez 28-30		Jo 5-6		



# Planner Semanal

Segunda

Terça

Quarta

Quinta

Sexta

Sábado

Domingo

## Checklist

## Metas mensais